



Submission to the House of Commons Standing Committee on Health, regarding its study on the 'Opioid Epidemic and Toxic Drug Crisis'

January 2024

I. Introduction

The <u>HIV Legal Network</u> promotes the human rights of people living with HIV or AIDS and other populations disproportionately affected by HIV, punitive laws and policies, and criminalization, in Canada and internationally. For three decades, we have advocated for drug policy grounded in evidence, human rights, and public health. The <u>Centre on Drug Policy Evaluation</u> works collaboratively with governments, affected communities, and civil society to improve community health and safety by conducting research and outreach on effective and evidence-based policy responses to substance use. We are grateful for the opportunity to make this joint submission detailing key legal determinants of health that have spurred the toxic drug crisis.

II. Criminalization and Canada's Drug Poisoning Crisis

Canada's approach to drugs, focused primarily on prohibition rather than prevention, harm reduction, and support for people who use drugs, has done catastrophic harm, fuelling deadly stigma, racism, epidemics of preventable illness and death, and widespread, egregious violations of human rights. Criminalizing drugs pushes people to use their drugs in isolation, compromises their ability to take vital safety precautions, and deters people from essential health care and harm reduction services. Research has shown frequent contact police have with people who use drugs contributes to their "health risk environment through pathways, such as syringe and naloxone confiscation, and physical and verbal harassment" which can lead to syringe sharing, rushed injection, and isolation while using drugs. Furthermore, studies have shown how police encounters act as barriers to accessing health services, including opioid agonist therapy. HIV treatment, and needle and syringe programs, iii Black, racialized, and immigrant communities have also described how excessive police surveillance and criminalization impacts their ability to access public services such as health care and supervised consumption services. iv These harms are exacerbated by a crisis of homelessness and responses that include the involuntary displacement by police or other law enforcement of people experiencing homelessness. As a 2023 U.S. study concluded, over a 10-year period, decampments are "estimated to worsen overdose and hospitalizations, decrease initiations of medications for opioid-use disorder, and contribute to deaths among people experiencing homelessness who inject drugs."v

Canada's long-standing policy of criminalizing drugs has also resulted in an unregulated drug supply that continues to become more potent and unpredictable year-over-year. The emergence of high-potency opioids can be understood by the "Iron Law of Prohibition," which dictates that as law enforcement becomes more intense, the potency of prohibited substances increases. According to a 2023 study, police drug seizures *increase* rather than prevent overdose deaths, by forcing people to obtain an alternate supply with no knowledge of its potency or their ensuing tolerance. In addition, the observed displacement/replacement effect indicates that the scheduling of substances is routinely followed by the emergence of new substances often posing greater harms from consumption. Drug prohibition has thus contributed to a tainted drug

supply that has resulted in 40,642 opioid toxicity deaths between January 2016 and June 2023. ix

The repercussions of drug prohibition extend beyond immediate impacts on health. Between 2019 to 2021, police in Canada made almost 200,000 arrests for drug offences; close to half of those were for simple drug possession.* Not only does drug prohibition fuel stigma and discrimination against people who use drugs, but criminal records impede access to employment, housing opportunities, and shelter, affect child custody, and restrict travel. Canada's drug control framework is also rooted in, and reinforces, racism and colonialism, and has contributed to the racial profiling and disproportionate arrest, prosecution, and incarceration of Black and Indigenous people in Canada for drug offences:

- A <u>2019 study</u> of cases between 2007-2013 found that Black youth accused of cannabis possession in Ontario were more likely to be charged and less likely to be cautioned than white youth and youth from other racial backgrounds.xi
- A <u>2020 report</u> found that Black and Indigenous people are dramatically overrepresented in drug charges recommended by the Vancouver Police Department. While making up 1% of the city's population, Black people have accounted for 6.4% of drug trafficking and possession charges in Vancouver since 2014; Indigenous people have accounted for almost 18% of drug trafficking and possession charges but are just 2.2% of the city's population.xii
- A <u>2020 study</u> found that Black and Indigenous people continue to be overrepresented in cannabis possession arrests across Canada.^{xiii}
- A <u>2020 study</u> conducted by the Ontario Human Rights Commission found that between 2013 and 2017, Black people in Toronto were 4.3 times more likely to be charged with cannabis possession than their representation in the general population would predict.xiv
- A 2022 report analyzed non-cannabis simple drug possession arrest data from police services in Canada. Data from 2015 to 2021 indicates that Black people were nearly three times more likely in Ottawa, nearly four times more likely in Toronto, and around 6.6 times more likely in Vancouver to be arrested for drug possession than their representation in the population would predict. Indigenous people were nearly six times more likely in Regina, five times more likely in Saskatoon, and nearly eight times more likely in Vancouver to be arrested for drug possession than their representation in the population would predict.xv

III. Responding to Canada's Drug Poisoning Crisis

Canada has supported a handful of time-limited programs to provide a **safer supply of pharmaceutical grade medications** that are of known quality and quantity to people who use drugs, with a focus on those who have not been successful with traditional treatments and are at high risk for overdose. *vi A growing body of evidence indicates that safer supply programs reduce the use of drugs from the unregulated supply as well as the risk of death and overdose, increase engagement and retention in programs and care, improve physical and mental health, as well as social well-being and stability, and are a critical option on the continuum of care for people who use drugs. *viii Yet very limited capacity*viii as well as barriers to entry*xix leave the vast majority of people who use drugs to rely on an unregulated supply, leading to a staggering loss

of life due to overdose fatalities. As the Canadian Civil Society Advancing Safe Supply Working Group has recommended, an "increased variety of [safe supply] models is needed to capacitate culturally appropriate approaches to safe supply that address problems of racism and population-based exclusions within drug access and provision." This includes compassion club models such as the one adopted by the Drug User Liberation Front, which has been demonstrated to reduce overdose and hospitalizations among participants, as well as result in fewer negative interactions with the police. Additionally, Canada has yet to expand access to a regulated supply by engaging in the **legalization and regulation of controlled substances** as part of a public health approach to drug policy, despite recommendations in 2021 from Canada's own Expert Task Force on Substance Use to do so. At the UN Office of the High Commission of Human Rights recently recommended, States should "take control of illegal drug markets through responsible regulation."

Another key measure to address Canada's drug poisoning crisis is supervised consumption services (SCS), which provide a safe, hygienic environment where people can use drugs under the supervision of trained staff or volunteers. Evidence demonstrate that SCS reduce the risk of accidental overdose, xxiv provide or connect people to social services, healthcare, and treatment (including safer supply programs in some areas), reduce public drug use and discarded drug equipment, prevent HIV and HCV transmission, reduce strain on emergency medical services, and provide space for people to connect with staff and peers.xxv When adapted to their needs, SCS can also provide a refuge to women who use drugs from violence that they may experience on the street.xxvi Greater flexibility at the federal level regarding exemptions has contributed in recent years to the expansion of SCS, where there is now a greater diversity of services and models. xxvii However, progress remains highly vulnerable to the political context given insufficient safeguards in the law to prevent a new federal government from depriving SCS of exemptions that remain necessary for them to operate without risk of prosecution. xxviii Moreover, major gaps persist to meet the needs of people who use drugs: SCS remain concentrated in urban areas and in some provinces; xxix access to inhalation services is rare although in some localities inhalation has become the main route of consumption resulting in overdose deaths; xxx and the prohibition of assisted injection by SCS staff continues to limit access to services. xxxi At a provincial level, hostile governments have erected significant new barriers to SCS including stringent conditions for licensing or funding services. XXXII Those have resulted in services being shut down while others have waited years to open.xxxiii Community members continue to be forced to implement unsanctioned sites to save lives xxxiv and to find alternative solutions to support services including crowdfunding, private donations, merchandise sales, or municipal funding.

Unsurprisingly, few if any prisons in Canada offer any of the above critical overdose prevention measures, despite dramatic recent increases of deaths in custody.** The vast majority also deny people in prison immediate access to **naloxone**. Most provinces offer free, unrestricted access to naloxone through first line responders, health centres, and pharmacies. Yet prisoners in Canada — a grossly disproportionate number of whom are Indigenous and Black — do not receive the same standard of care. In most prisons, naloxone is only accessible to prison health care or security staff and prisoners are not permitted to have naloxone kits inside their cells in the event their cellmates experience an opioid overdose. Correctional health care staff will not always be immediately available in overdose situations, yet the time taken to respond to an opioid overdose can mean the difference between life and death.

In Canada, there is strong support to **decriminalize simple drug possession** from community organizations, harm reduction and human rights advocates, public health authorities, and law enforcement.**

In 2021, more than 100 civil society organizations across the country released

a national drug decriminalization platform xxxviii for Canada that recommended not only the decriminalization of simple drug possession, but also of necessity trafficking, defined as the sharing or selling of drugs for subsistence, to support personal drug use costs, or to provide a safer supply. XXXIX Health Canada's Expert Task Force on Substance Use also recommended that Canada "end criminal penalties related to simple possession."xl Globally, numerous UN entities and human rights experts have expressed support for decriminalization, including the World Health Organization (WHO), the Joint United Nations Programme on HIV/AIDS (UNAIDS), the UN Development Program (UNDP), the UN Special Rapporteur on the right to health, xli the UN Special Rapporteur on torture, xiii and the UN Office of the High Commissioner for Human Rights. xliii In 2018, all 31 agencies of the UN system adopted a common position recommending to all governments that they decriminalize simple drug possession.xliv The International Guidelines on Human Rights and Drug Policy, co-published by the International Centre on Human Rights and Drug Policy, UNDP, UNAIDS, and WHO, also call on States to "decriminalise the possession, purchase, or cultivation of controlled substances for personal consumption,"xlv as a means to meet their obligation to uphold the right to the highest attainable standard of health. Similarly, the Global Commission on Drug Policy, comprising former heads of state or government and other eminent political, economic, and cultural leaders, has highlighted the tremendous damage caused by the criminalization of people who use drugs and called for the removal of all punitive responses to drug possession and use. xivi

Recommendations

To curtail the harms of the unregulated drug market, we urge the Standing Committee on Health to recommend the following:

- Increase support for and expand access to safer supply, in line with the recommendations of the Canadian Civil Society Advancing Safe Supply Working Group.
- Increase support for and expand access to supervised consumption services by removing case-by-case exemptions for SCS, including through the decriminalization of activities related to personal drug use, providing funding for SCS, and working with provincial, territorial, and municipal governments to ensure they commit to facilitating the scale up of SCS where needed.
- Ensure equivalent access to safer supply, supervised consumption services, and naloxone, in all prisons.
- Increase supports for voluntary, evidenced-based drug treatment and denounce all forms of coercive and involuntary care.
- Increase supports for housing, ensure non-discriminatory access to shelters for people who use drugs, and denounce involuntary displacement of people experiencing homelessness.
- Decriminalize the possession of all drugs for personal use through a full repeal of section
 4 of the Controlled Drugs and Substances Act, decriminalize the sharing or selling of
 drugs for subsistence, to support personal drug use costs, or to provide a safer supply,
 and remove all sanctions for such activities.

Commit to legalizing and regulating all controlled substances.

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